



K Headlines KAIPARA

27 March 2015

www.kaiparacollege.school.nz

Student Leaders at Leadership Days

Our Student Leaders have been at two leadership development days this week. Pasifika students, Akaysha Adlam, Jar-el Hemeheema, Antonia de Coito and Mary Vui (pictured with Mrs Couch) attended a Pacific Island Leaders of Tomorrow programme. The theme of the day was "We are the Ocean". The topics of the short but powerful workshops were Progressing, Prepare Well, Interconnectedness, Money Savvy and Towards Your Destination. The highlight of the day aside from mixing with Pacifica students from other schools was the life story recounted by Tokelaun/Samoan actor, writer and poet Taofia Pelessa. The food was held to be excellent. Always an important aspect of evaluation.

Student leaders, Jarel Hemeheema, Cade Wishart, Rahui Brownlee, Imogen Roberts, Rachael Kim, Emily Dainty and Akaysha Adlam (bottom picture) attended the Auckland Secondary Schools Leaders day on Thursday. They listened to speeches from seven people from a range of fields such as music, politics, arts and business. They found Jacinda Ardern very interesting but were most struck by a quotation from mountaineer Mark Inglis who said "Positive is free, negativity comes at a cost." Lunch had to be brought by the student themselves. A lesson in self sufficiency!



Defensive Driving Course

A Defensive Driving Course will be available starting Wednesday 6 May for three consecutive Wednesdays thereafter, 7 - 9 pm in the Careers Centre at Kaipara College.

The cost per person is \$175.00 and there will be 25 - 30 places available on a first in first served basis.

This course is open to current students and the community. Please see, phone or email Claire Couch to register your interest and for more information. Ring 4208640 Extn 835, or email ccouch@kaiparacollege.school.nz.



Rotary Youth Driver Awareness Day

Tuesday 5 May

If your son or daughter is in Year 12, they will be bringing home a letter and permission slip to attend the RYDA day at the Waitakere Trust Stadium. While this is not compulsory, the day will provide students with a tool kit that will help keep them safe and assist them to make good decisions for themselves about driving.

There is no cost for the travel to and from the Waitakere Stadium or for the day itself. Students will need to be in school uniform and bring their lunch and a drink.

Return the signed permission slip to the Careers Office as soon as possible so that numbers can be confirmed. This is a fully sponsored day by the Rotary Organisation.

If any further information is required, please do not hesitate to contact Claire Couch 09 420 8640 Extn 835.

Try reading this

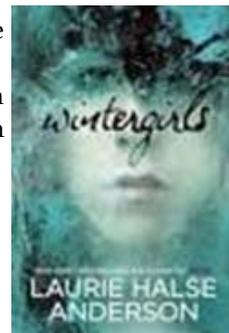
Wintergirls by Laurie Halse Anderson

You're not dead...but you're not alive either. You're a wintergirl...

Lia and Cassie are fragile bodies, in a life threatening contest to see who can be the thinnest.

But one of them suffers a huge loss. Her life...

Reviewed by Samantha Rennie, 9YL



**School
Donation**

You can help your school by your making your donation directly to our bank account
12-3139-0002717-00

**Thank you
very much**

Sports News

Auckland Dragonboat Champions

We're back!

The Kaipara College Dragonboat crew won the Auckland Championship on Lake Pupuke last Sunday. They had the fastest heat times in qualifying by 14 seconds over their nearest rivals and went in to the final as favourites. They didn't disappoint. The final was a clinical display of good paddling.

There was also a 2km time trial race that involved four laps of the 500m course with 180 degree turns at each end. There were six crews despatched at 15 second intervals in the event and Kaipara was seeded last. The fitness and technique showed as the crew caught and passed each boat to finish the race fastest and first. Two events, two titles!

The crew's superb attitude and discipline, particularly their sportsmanship and humility in winning, earned comments from several spectators.



Tennis Results

Congratulations to our three Teams who competed in the Northern Schools Division over the last 5 weeks. Results are :

Girls: Finished 1st in B Grade
Boys 1: Waiting on other school results
Boys 2: Finished 2nd in C Grade

Netball Coach Wanted

Parakai Primary School are looking for two students to coach their Year 7/8 netball team. This is a strong team and ideally the students will need to have the confidence to handle this competitive bunch! The sports coordinator at Parakai School will be your manager and if you are unable to attend the competition games on Saturday, the Manager can take over. Contact Emma in Sports Department if you're interested.

Another Waka Ama Title

The Dragonboat competition on Sunday was a warm up for the Waka Ama Nationals on the Blue Lake in Rotorua this week. We have had crews in ten events. The U16 and U19 W12 (double hull canoe) over 250 m. The W6 boys and girls outrigger events over 250m and 500m. There are 95 schools at the championships.

The W12 is for mixed crews. It was raced on Tuesday. Both crews made the Championship finals. The U 19 were third and the U16 crew took out the title in a very tight race with a winning margin of 0.78 seconds.

Wednesday was for the heats of the 250m and 500m races for the W6 boys and girls crews. So our crews were in 8 different competitions. Six crews made championship semi-finals and two crews made plate semi-finals.

Thursday was semi-finals day. Five crews qualified for championship finals and two crews for plate finals.

This morning the finals were run.

The two plate crews, U16 Boys 500m and the U19 Boys 250m have won Golds.

In the championship finals

U16 Boys 250m were 7th
U19 Girls 500m won Bronze
U19 Girls 250m won Bronze
U16 Girls 500m won Silver
U 16 Girls 250m won Silver

So one championship title, two championship slivers, 2 championships bronzes and two plate golds; an outstanding effort from our crews and coach!

Congratulations!

Touch

Both our teams, Girls and Boys, competed at the Regional Qualifying Tournament, at Moire Park last Saturday.

Congratulations to the Girls who finished 3rd overall at the tournament, which means they have qualified to compete in the New Zealand Nationals which is to be held in December this year.

HELENSVILLE

Physical Therapy & Rehabilitation

CENTRE



Supporting all Kaipara College students
ACC claims: \$10 per physio treatment
Valid: 1st Feb - 31st December 2015
Ph: 420 8899

COMING UP

2 April

Thursday

End of Term 1

For careers, scholarship and contact information see Ms Couch or look on the Kaipara College web-site under Careers www.kaiparacollege.school.nz